

Skin and Cosmetics

Introduction

Every woman strives to achieve flawless, glowing skin. Today, men are far behind and thus a good complexion is envied and sought after by everyone. The skin condition is affected by a number of factors including diet, sun exposure, age, etc. Though skin conditions like acne, freckles, sun spots, etc are not life-threatening it can lower your self-confidence and the quality of your life.

- **Sulphur:** This is an homeopathic effective way to clear dull and dirty skin and can be used to treat a number of skin ailments. It nourishes the skin from deep within and helps clear pimples and scars that may have formed as a result of them. Sulfur is also used to treat dry and scaly skin.
- **Berberis aquifolium:** This is an excellent homeopathic remedy for skin pigmentation & clear skin. It is used to treat patchiness, acne, scars, etc, and can lighten the complexion and make it glow.
- **Psorinum:** This homeopathic remedy is ideal for people with oily, greasy skin, and a dark complexion. It helps clear pimples and reduces the oiliness of the skin. By deep cleansing the pores on the skin, homeopathic remedy psorinum offer a glow to your face and keeps it clear. Psorinum can also help lighten the complexion and give your skin an even tone.
- **Bovista:** Often excessive use of cosmetic products does more harm than good to our skin. In such cases, Boavista is the ideal homeopathic remedy for skin lighting. This helps clear pimples, patchiness, and other skin problems triggered by excessive cosmetic applications. Additionally, it brightens the skin and makes it glow.

Sepia: Menstrual irregularities or hormonal imbalance at the time of pregnancy can lead to a condition known as chloasma. This can be seen in the form of discoloration of the face and brown spots. Sepia is top Homeopathic Remedies for Clear and Glowing Skin. It clears the spots and discoloration and gives the skin a healthy glow.

